Indoor Visitation Guidelines During COVID-19 for Skilled Nursing

1. Visitors, residents and team members are required to wear a mask or face covering at all times during the visitation session.
   a. If a visitor does not properly wear their mask, they will be asked to leave.
   b. If a resident is not able to properly wear their mask for any reason, the visit will end.
2. Visitors will be screened prior to visiting their loved one. This includes a questionnaire and signs or symptoms of respiratory illness or a fever. If there is a sign or symptom or concerns with questionnaire answers, the visitor will not be allowed to visit.
3. After the screening, temperature check (must be less than 99.0*) and proper hand hygiene, the visitor(s) will be assigned a visiting station. If the station is occupied, the visitor should wait in the appropriate area while practicing social distancing.
4. Two (2) visitors at a time are authorized to visit with a resident. If additional visitors show up for the same resident, they will be asked to leave. All visitors must be at least 12 years old.
5. Visitors will perform hand hygiene at the beginning and end of their visit using the provided hand sanitizer.
6. The visitor is restricted to visiting their loved one and should limit their interactions with other visitors, team members or residents.
7. The visits will be 20 minutes with the resident scheduled in a 30-minute timeslot to allow for set-up and clean-up. We will do our best to ensure residents arrive at their scheduled time.
8. At the end of the visit, visitors will promptly exit through old chapel ramp entrance to allow space for social distancing and proper sanitation between each visit.
9. Please do not bring any additional items to the visitation site. This includes drinks, items for your loved one, food, etc. Please keep any outwear like coats, scarves, hats and gloves with you.
10. All visitors are required to stay six feet from your loved one, other visitors and staff members at all times. We know it is hard not to hug your loved one, but this is for their safety. If a team member witnesses physical contact, the visitor will be asked to leave and the resident will need to quarantine for 14 days by recommendation of the Maryland Department of Health.
11. Visitors are not permitted in any other area of the building for any reason.
12. Please follow all posted information and directions given during your visit. Adhere to signs at all times. If you have questions, ask a team member in the visitation area.
13. As a reminder, visitors should continually monitor for signs and symptoms of COVID-19. If any signs or symptoms occur such as coughing, fever greater than 99*, difficulty breathing, muscle pain, diarrhea, vomiting, headaches, loss of smell/taste, contact your primary care physician for next steps and inform our front desk staff by calling 410-486-4573.

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Visitor Signature Date

Updated March 1, 2021

Indoor Visitation Guidelines During COVID-19 for Skilled Nursing Frequently Asked Questions

1. **Can I give my loved one a quick hug or touch them lightly just to have a little physical contact?**
   a. No, this is not permitted at this time. Doing so will lead to you being asked to leave and may prevent future visits. We ask you to practice social distancing during your visit, remaining at least six feet from your loved one, other visitors and staff members at all times.
   b. If physical contact is made, the resident will be placed on observation for 14 days, based on Maryland Department of Health guidelines. This means they will be quarantined to their apartment/room and monitored for signs and symptoms of COVID-19.
2. **Will restrooms be available inside the building?**
   No, we are not making restrooms available to visitors at this time.
3. **Can I sign up for visit time slots back to back? I live far away and/or would like to see my loved one for a longer time. For example 11-11:20 a.m. & 11:30 a.m.-11:50 a.m.?**
   a. Unfortunately, we are only able to offer one visit per resident each week to ensure every resident has an opportunity to have family visit. We also need to limit the amount of time our residents and staff are exposed to visitors. Twenty to 30 minutes is the maximum amount of time we feel comfortable with exposure to each visitor.
4. **If I arrive earlier than my visit time, what should I do?**
   a. We ask that you stay in your car until a few minutes before your visit. This will ensure our team has enough time to clean and disinfect the visitation area prior to your visit.
5. **Are walk-up visits allowed?**
   a. No, you must sign-up through SignUpGenius to visit your loved one.
6. **Where should I park when I come to visit?**
   a. There is parking directly near the Worship and Community Life Center.
7. **I typically bring something special for my loved one each time I visit. Can I continue to do this?**
   a. You can certainly still bring items for your loved one, but not to the visitation site. Please follow our normal procedure for dropping off items at the ambulance entrance.
8. **Am I permitted to visit my loved ones room?**
   a. No, guests will only be permitted in the designated visiting area located in the old chapel.

Schedule a visit:

Indoor: https://www.signupgenius.com/go/indoorvisits312

Virtual Visit: https://www.signupgenius.com/go/marchvisits