

Date: March 12, 2021
To: Augsburg IL Residents & Families
From: Tina Minio, IL Manager
Subject: Path Forward Community Update



This week we have had no cases of COVID-19 in any residents or team members across the community. We were also cautiously excited to hear the Centers for Disease Control has released new guidance for individuals who have been vaccinated. For ease, below are the exact guidelines provided by the CDC.

Fully vaccinated people can:

- Visit with other fully vaccinated people indoors without wearing masks or physical distancing
- Visit with unvaccinated people from a single household who are at low risk for severe COVID-19 disease indoors without wearing masks or physical distancing
- Refrain from quarantine and testing following a known exposure if asymptomatic

For now, fully vaccinated people should continue to:

- Take precautions in public like wearing a well-fitted mask and physical distancing
- Wear masks, practice physical distancing, and adhere to other prevention measures when visiting with unvaccinated people who are at increased risk for severe COVID-19 disease or who have an unvaccinated household member who is at increased risk for severe COVID-19 disease
- Wear masks, maintain physical distance, and practice other prevention measures when visiting with unvaccinated people from multiple households
- Avoid medium- and large-sized in-person gatherings
- Get tested if experiencing COVID-19 symptoms
- Follow guidance issued by individual employers
- Follow CDC and health department travel requirements and recommendations

This guidance will certainly bring much anticipated changes to independent living. Our team has worked incredibly hard to rise above our outbreaks and keep COVID-19 out of our community. As we begin to lift restrictions, we ask everyone to continue to remain vigilant. It is important to remember, if we have a single case of COVID-19 in an independent living resident or a team member, we will have to go back to outbreak status and implement restrictions again. With this in mind, below is an outline of the way things are changing and our recommendations for keeping everyone healthy. If you have specific questions, please contact me at tstrayerminio@thevillageataugsburg.org.

- Families are welcome to visit but still must symptom screen upon arrival. We will maintain a list of visitors to assist us in contact tracing should we have any additional COVID-19 cases. Please do not enter your loved one's residence from their patio.
- If a resident or a family member is feeling unwell, whether you suspect COVID-19 or not, please reschedule your visit for another time.

MEMORANDUM

- We recommend any family members who would like to stay at the community overnight wait to do so until they are fully vaccinated and the vaccine reaches full efficacy.
- Visits should be limited to the resident's apartment.
- We also ask while you are in the community, you are practicing hand hygiene and wearing a mask while outside of the resident's apartment.
- For right now, our dining room will continue to be limited to serving residents only. We will continue to evaluate this as the country stabilizes. For residents, the dining room is available in-person and we will continue to offer delivery.
- We will continue to offer in-person activities.

We expect in the coming weeks, services will expand and we will have more to share. We are working with our parent organization, National Lutheran Communities & Services to safely make a return to normal.

Over the past year we have all endured so much. We are so happy the time has come when we can start to live life more normally. We know there could be a ways to go and appreciate you remaining vigilant to help us all get through this.

All updates can be found online at www.thevillageataugsburg.org/pathforward.